



LOS ANGELES CA USA

ANDĚL SUDIĀ

andĚl values play, patience, connection and mischief. she's known for her explosive energy onstage and her experiential teaching style. she recognizes that the most important thing we bring to improv is ourselves and hopes to create a space that's fun, challenging and honest. her background in theater, improv, peace and reconciliation, children's yoga, care work and clown all comes together and she likes to think of classes as a playground of possibilities.

HIGHLIGHTS

CONTACT

 yesandel.com

 [Live performance](#)

INFLUENCED BY

PAUL HUTCHINSON

2018

- so many stories live inside each of us
- when people enter a space they are asking " am I safe, do you like me, who's in charge' continue to ask those questions when you're setting up rooms for people to meet in

JUDY FABJANCE

2001

- creating space
- after school program

SPECIAL INTERESTS

Ensemble based truth 100%

Group Dynamics 100%

CREATIVITY BUNDLES CREATOR/WRITER

2001-PRESENT



andĚl focused on ensemble based truth at IO and later at Second City where she honed her sketch skills. Working on cruise ships, She learned to love short form and then played at Boom Chicago doing a hybrid of sketch and short form with incredible technicians, She's done resident stage work. She thrives on bringing the unexpected creative potential in everyone into their conscious awareness.

- Remote presence and play to connect folks and add more creativity to daily life
- Like "The Artist's Way" but shorter and dumber

AN IMPROVISED SOLO SHOW

2018-PRESENT



CREATOR/PERFORMER

andĚl began directing solo and duo shows as well as larger sketch and more theatrical long form(like the show Obits) She grew up doing theater so has always played like an actor. She believes that improvisation allows us to create theater for ourselves and roles from OUR perspectives and imaginations. She loves improvisation because of its capacity to command presence and be shared.

- A love letter and satire of solo shows
- An exploration of what makes a person a person and a show a show