

JESSICA ARJET

Jessica Arjet sees the best in you! She does strength based directing, meaning she ferrets out your best qualities and uses those to help you grow as an improvisor.

HIGHLIGHTS

CONTACT

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☑ jessicaarjet@gmail.com

- Jessicaarjet.com
- Live performance

INFLUENCED BY

KEITH JOHNSTONE 2010-PRESENT

- Taking care of partner
- Finding the Fun
- Status work
- My theater is Johnstone-based

JILL BERNARD 2010-2014

SPECIAL INTERESTS

Strength Based Coaching

100%

Emotional Depth for Maximum Laughs 100%

BRAINZZZ

2020



DIRECTOR

This narrative improv show for students created a post apocalyptic world that was at turns horrifying, touching, and beautiful, but always hilarious.

- Finding humor in the postapocalyptic genre
- Developing narrative skills with guardrails
- Explore relationship between deep emotion and laughter.

FUGGING AROUND

2022-2025



IMPROVISER/PRODUCER

Fugging Around is the default improv structure for the weekly troupe Glitter Witch. It's part montage, part Harold, The scenes fold in on themselves until it comes to a very satisfying ending for at least one of the woven threads.

- Trusting the process and each other
- Callbacks/recurring characters
- Finding/building satisfying endings